

## North Reading Parks & Recreation

235 North Street

North Reading, MA 01864

978-664-6016

MC/Visa/Discover

Register on line @ [www.northreadingma.gov/parks-recreation](http://www.northreadingma.gov/parks-recreation)

Be sure to register your family on our new on line registration system so you can receive Rec info!

Like us on  
Facebook!



# WINTER 2016 PROGRAMS

## Adult Programs

We encourage residents of varying abilities, disabilities to participate in our programs. If you require an accommodation, call the office prior to program.

### Adult Volleyball

Come join in the fun with NR P&R and learn to play one of America's finest recreational and competitive team sports. This program is co-sponsored by a local sports club. It is a beginner/intermediate level 6 on 6 league with instruction as needed. Price includes BSSC performance dri-fit shirt. Ages:18 and up **7 week program**



#### Session 1:

Dates: Mondays, 1/11, 1/25,, 2/1, 2/8. 2/22, 2/29, 3/7

Time: 7:30—9:30 PM

Cost: \$60.00

Location: Hood School Gym

Session 2: Please check our website for session two starting end of March at the High School

### Adult Yoga

Yoga is a tremendous practice for quieting the mind while stretching and strengthening the body. The movements are slow and gentle. Although it is an ancient practice, yoga is a wonderful method of reducing the stress of modern life. Wear loose clothing, bring a mat, water bottle and a blanket or towel. **8 week program**



Dates: Wednesdays, February 3rd—March 30th  
No program 2/17

Time: 6:30—7:45 PM

Cost: \$90.00

Location: Flint Memorial Library Activity Room

### Men's Basketball

A recreational basketball program for men over 30. This program is a fun, non-competitive pick up program. This program consists of games only and occurs one time a week.



#### Session 1: 6 week /1.5 hour session

Dates: Wednesdays, 2/24, 3/2, 3/16, 3/23, 3/30, 4/6

Time: 7:30—9:00 PM

Cost: \$45.00

Location: Hood School Gymnasium

#### Session 2: 10 week /2 hour session

Dates: Wednesdays, 4/13,4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8, 6/15, 6/22

Time: 7:00—9:00 PM

Cost: \$80.00

Location: Middle / High School Gymnasium

### Adult Craft Night

Join the staff at Parks and Recreation for a fun and relaxing craft night. We will be creating a set of painted wine glasses and carafe. All materials are supplied. Just come ready to enjoy yourself.

Age: Adult

Date: Thursday, February 11th

Time: 6:15—8:15 PM

Cost: \$35.00

Location: Recreation Center at Ipswich River Park



### Chalk Paint Frame with Brissonte

Join us for an introduction to Chalk Paint (r) decorative paint by Annie Sloan. Using a wood frame you will learn how to apply Annie's wonderful paint and the proper techniques for using her clear and dark soft wax. You will have the opportunity to use Annie's stencils to create a one-of-a-kind frame. All materials provided.

Age : Adult

Date: Wednesday, March 16th

Time: 6:15-8:15 PM

Cost: \$35.00

Location: Brissonte, 161 Main Street, Route 28, NR.



### Pickleball

Similar to ping pong, badminton and tennis, it's a fun active game that can be mastered by anyone! Pickleball was created during the summer of 1965 and is currently the fastest growing sport in the United States. It is played on a badminton court with net lowered to 34 " and uses a perforated plastic ball (similar to a whiffle ball) and wood or composite paddles. Participants must purchase a paddle. 8 week session

Age: Adult

Dates: **\*ADVANCED**—Tuesdays January 26th-March 22nd  
No program 2/16

**BEG./INT.**—Thursdays, January 28th-March 24th  
No program 2/18

Time: 7:00- 8:30 PM

Cost: \$65.00

Location: Town Hall Gymnasium

\*advanced should have a 3.5 rating or higher.



## Special Events-Adult

Support our efforts to bring a  
**Community Center**  
to North Reading!

### 15th Annual Wine and Food Social

When: Friday, April 1st

Where: Hillview Country Club

149 North Street

North Reading

Time: 7:00-10:00 PM

Cost: \$40.00 per person

(Includes wine, beer & food tastings)



Don't miss out on an evening that has become a popular North Reading Tradition. Taste wine and beer from around the world and fine dining from local restaurants. This year will host several favorites that have been with us before as well as many exciting new restaurants! Don't miss out on the incredible offerings at our annual silent auction and raffle. This is a perfect opportunity to get out after a long cold winter and welcome spring with friends and neighbors.

If you can't make this lovely event and want to support us, look to donate at [www.northreadingma.gov/recreation](http://www.northreadingma.gov/recreation) or if you are interested in becoming a sponsor, donating an item for the silent auction or volunteering to help with the event, please contact the Parks & Recreation office @ 978-664-6016  
**GET YOUR TICKETS EARLY!**

Event has sold out previous years.





# Pre School Programs & One Day Events



Welcome back to our line-up of pre school programs and special events for tiny tots and kids through 6 years old. If you are looking for enrichment classes for your youngster to have fun, learn a new art form or meet and play with kids their own age you will find it here. Don't forget to take a look at the one day events and Saturday programs! Please park to the side of the gymnasium or in the rear of the Town Hall for preschool programs. Parking in front of the building is reserved for residents transacting limited business within the Town Hall.



Register on line @ [www.northreadingma.gov/recreation](http://www.northreadingma.gov/recreation), by phone @ 978-664-6016 or at Town Hall.  
All forms can be found on our website. Don't forget to check emails for weather cancellations!



## Wiggles & Giggles

If your tots have a hard time sitting still, this is the place you'll want them to be. Kids will have fun at get-acquainted time and then settle into interactive songs and play. Marching bands, finger play, and dance are only a few activities they will experience. **8 week program**

Age: 1.5 - 3 year old  
Dates: Thursdays, February 4th—March 31st  
No Program 2/18  
Time: 9:30 -10:15 AM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## Tumbleweeds

Play with a parachute, jump on a mini trampoline, roll down a tumble wedge or balance on a beam to learn motor skills and coordination. Tots test their limits and feel the rhythm of musical movement. **8 week program**

Age: 2—3 years  
Dates: Mondays, February 1st—March 28th  
No program 2/15  
Time: 9:30-10:15 AM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## Crafty Kittens

Kids will have a blast working their way through our craft closets. They will glue, glitter, color, paint and create until their hearts delight! Leave the mess with us and take home the crafts and projects.. Boys and Girls alike will enjoy the fun projects they make and take home! **6 week program**

Age: 3-5 years  
Dates: Fridays, February 12th—April 8th  
No program 2/19, 3/11, 3/25  
Time: 12:45-1:30 PM  
Cost: \$54.00  
Location: Recreation Center at Ipswich River Park



## Bitty Bouncer

Bring your tot to enjoy a new and fun program each week! This program will have your tot bouncing to Tumble, Music & Movement, Cooking, Sports, Gym fun, Crafts, Cook n Book and Teacher's choice. **8 week program**

Age: 2-3 years old w/ adult  
Dates: Wednesdays, February 3rd —March 30th  
No program 2/17  
Time: 9:30-10:15 AM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## Preschool Poppers

Preschoolers will pop from one program to another and never get bored! Pop over to sports one week and cooking the next or craft time or back to the gym for obstacle course mayhem and back to Rec Center for tumble week! Lots of fun for the busy preschooler! **8 week program**

Age: 3- 5 years  
Dates: Wednesday, February 3rd—April 6th  
No program 2/17 and 3/9  
Times: 10:30-11:15 AM  
Cost: \$72.00  
Location: Recreation Center at IRP/Town Hall gym



## Small Fries Cooking

A hands on fun creative cooking class where kids learn to measure, stir and cook kid friendly recipes. Kids will make anything from taco's to monkey bread and everything in between. Kids come mess up our kitchen and make something yummy. A guaranteed fun time! **8 week program**

Age: 4-6 years  
Dates: Thursdays, February 4th—April 7th  
No program 2/18, 3/10  
Time: 12:45-1:45 PM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## Pee Wee Basketball

Join us for a program of fun while learning the fundamentals of basketball. Kids will learn shooting, dribbling and passing in a non-competitive environment. **8 week program.**

Ages: 3-5 years  
**Session 1:**  
Dates: Mondays, February 1st—March 28th  
No program 2/15  
Time: 12:45—1:30 PM

**Session 2:**  
Dates: Tuesdays, February 2nd—March 29th  
No program 2/16  
Time: 12:45 - 1:30 PM

**Session 3:**  
Dates: Wednesdays, February 3rd—March 30th  
No program 2/17  
Time: 9:30—10:15 AM

Cost: \$72.00  
Location: Town Hall Gym



## Little Spuds Cook-n-Book

Books come to life through creative cooking! This program will have young tots and their caregivers joining us weekly for a fun, hands on cooking class that will revolve around a different children's book each class. Anything from letter pretzels with Chick a Chick a Boom Boom to pink pig cookies with marshmallow snouts when we visit the Give a Pig a Pancake. Kids will have fun rolling dough, mixing, sprinkling and messing up our kitchen instead of yours! Recipes are fun, easy and child oriented. **8 week program**

Ages: 2 - 4 years w/adult  
Dates: Tuesdays, February 2nd—March 29th  
No program 2/16  
Time: 10:00—11:00 AM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## SATURDAY PROGRAMS!

## Weekend Wigglers

Tots and caregivers will have fun with puppets, instruments, song & dance and other interactive play as well as trying out our tumble wedge, balance beam and mini trampolines. Your child will never stop moving and interacting!

**8 week program**  
Age: 1.5—3 years  
Dates: Saturdays, February 6th—April 2nd  
No program 2/20  
Time: 9:00-9:45 AM  
Cost: \$72.00  
Location: Recreation Center at Ipswich River Park



## Hola Amigos!

Now is the best time for your little one to learn Spanish. Kids are sure to have fun in this interactive and exciting class filled with songs, games and crafts all in Spanish. Classes will have lots of fun learning greetings, colors, numbers, animals, days of the week and much more! Come join in on the fun! Vamos! Class is taught by Maria Fernandez Messinese. **6 week session**

Ages: 3- 5 years old  
Dates: Saturday, February 6th—March 19th  
No program 2/20  
Time: 11:00-11:45 AM  
Cost: \$54.00  
Location: Recreation Center @ Ipswich River Park



## Tot Time One day events!

All tot time events are drop off programs for ages 3-6 years - must be potty trained

## Valentines Day Party

Get your red on and join us for a day of sweet fun! Kids will play Valentines themed games, make treats and make a themed craft. Kids are sure to LOVE this party!

Date: Wednesday, February 10th  
Time: 1:00-2:30 PM  
Cost: \$18.00  
Location: Recreation Center at Ipswich River Park



## Cupcake Cuties

Join us to make these adorable Woodland Creature cupcakes. Kids will enjoy making a hedgehog, an owl, a fox and more furry friends on these adorable cupcakes. Children should arrive with 6 UNFROSTED cupcakes.

Date: Wednesday, March 2nd  
Time: 1:00—2:30 PM  
Cost: \$18.00  
Location: Recreation Center at Ipswich River Park



## St. Patrick's Day Party

Dress your kids in green for a day full of green fun for toddlers! Kids will make a rainbow treat, paint a puffy leprechaun, make a clover craft and play holiday themed games!

Date: Wednesday, March 16th  
Time: 1:00-2:30 PM  
Cost: \$18.00  
Location: Recreation Center at Ipswich River Park



## Magical Science

Colorful, bubbly, oozing and slimy are just a few of the fun words your tot will use to describe the fun afternoon they have with simple child friendly experiments!

Date: Wednesday, April 6th  
Time: 1:00—2:30 PM  
Cost: \$18.00  
Location: Recreation Center at Ipswich River Park





# ELEMENTARY AND YOUTH PROGRAMS



Please be sure to take a good look at some of our new offerings. After school, vacation and half day programming. We are working hard to keep your kids active and busy in a fun and structured environment! Looking for something we don't offer? Send me an email with your ideas @lclmens@northreadingma.gov or call us at 978-664-6016

## Kinder-Gym Club

Does your Kindergartener need to get rid of some extra energy? Come join other children their age in weekly gym time fun. Kids will play soccer, basketball, volleyball and old fashioned gym games like fishy fishy and obstacle courses! We are sure to use up that energy! This program has been given a fresh make over with new equipment and games! **8 week program**

Age: 5-6years (drop off program)  
Dates: Fridays, February 12th —April 8th  
No Program 2/19  
Time: 10:00-10:45 AM  
Cost: \$72.00  
Location: Town Hall Field or Gym



## Kinder Basketball

Join boys and girls in a program of fun & learning the game of basketball. Kids will learn shooting, dribbling & passing in a non-competitive environment. **8 week program**

Age: Kindergarten

Session 1:  
Dates: Wednesdays, February 3rd—March 30th  
No program 2/17  
Time: 4:15-5:00 PM

Session 2:  
Dates: Thursdays, February 4th—March 31st  
No program 2/18  
Time: 4:15- 5:00 PM

Cost: \$72.00  
Location: Town Hall Gym



## First Grade Basketball-Boys

Join your friends for an afternoon of noncompetitive group play. Participants will be placed in groups for an hour of shooting, dribbling, passing and scrimmaging. **8 week program**

Age: 1st Grade

Session 1:  
Dates: Tuesdays, February 2nd-March 29th  
No Program 2/16  
Time: 5:15-6:15 PM

Session 2:  
Date: Wednesdays, February 3rd—March 30th  
No Program 2/17  
Time: 5:15-6:15 PM  
Cost: \$75.00  
Location: Town Hall Gym



## First Grade Basketball - Girls

Join your friends for an afternoon of non-competitive group play. Participants will be placed in groups for an hour of shooting, dribbling, passing and scrimmaging. **8 week program**

Age: 1st Grade

Dates: Tuesdays, February 2nd—March 29th  
No Program 2/16  
Time: 4:15-5:15 PM  
Cost: \$75.00  
Location: Town Hall Gym



## Karate for Kids

Try our introductory class and learn the fundamentals of Taekwondo. Kids will be introduced to a system based on a lifetime learning process in addition to technical martial arts skills.

**6 week program**

Ages: 3.5—12 years (students will be grouped by age)  
Dates/Time: February 1st—March 19th  
\*Monday, Tuesday, Thursday, @ 6:00 PM  
Saturday, 11:15 AM (no program Feb. vacation week)  
Cost: \$84.00 (includes uniform)  
\*Student can go as few as once/week or as many as four days/week to the above listed class times for this great low price!  
Location: ATA Black Belt Academy  
197 Main Street ( across from Jokers Wild)



## Shake it up Café!

Kids will have a blast when they shake it up in our P & R Kitchen. The first week kids will enjoy mac and cheese and cornbread. The second week kids will make a valentines day craft and treat. The fun continues with week three when we make a set of cute coasters and enjoy smoothies! Week four is cookie week. Kids will separate into groups and each make cookies to share. Week five brings some fun with St. Patrick's Day recipes. Week six is Pizza bar week and dessert pizza! Week seven is spring cupcake decorating week! **7 week session.**

Ages: Grades K-5  
Dates: Wednesdays, February 3rd—March 30th  
(no program 2/17, 3/9)  
Time: 4:00—5:00 PM  
Cost: \$75.00  
Location: Recreation Center at Ipswich River Park



## After School Gym Club

Does your Kiddo need to get rid of some extra energy after school? Come join other children their age in weekly gym time fun. Kids will play Velcro tag, scooter soccer, scooter basketball, volleyball, foam hockey as well as old fashioned gym games! We are sure to use up that energy! **6 week program**

Age: 6-9 (drop off program)  
Dates: Fridays , February 12th—April 8th  
No Program 2/19, 3/11, 3/25  
Time: 3:45—4:45 PM  
Cost: \$54.00  
Location: Town Hall Field or Gym



## Babysitter's Course

NRP&R has completed the acclaimed 4H babysitting training course and will be bringing this course to North Reading ! This basic Babysitters course will cover personal safety, home safety, nutrition, basic first aid and CPR\*, entertainment, ages and stages of development, meeting families and the basic business of babysitting. Upon completion of this course students will have what they need to be caring, trustworthy, responsible and competent babysitters. . Course does include book and certificate of completion.

**2 night program**

Ages: 10—15 years  
Dates: Tuesdays, March 15th and March 22nd  
Time: 5:30—8:30 PM  
Cost: \$40.00  
Location: Henry Purnell Room—North Reading Police Station

\*students are not certified in first aid or CPR.




## LEGO Robotics

Wicked Cool Science introduces kids to robotics programming. Kids create bots with motors and sensors and program them on our own computers. There are lots of challenges to engage budding techies.

**6 week program.**

Ages: Grades 1-5  
Dates: Tuesdays, February 23rd—March 29th  
Time: 4:00—5:00 PM  
Cost: \$110.00  
Location: Recreation Center at Ipswich River Park






# ORTHODONTICS

FOR CHILDREN AND ADULTS

Kathleen Chan DDS,MMSc  
Ivy Chen DDS,MMSc

## Beautiful, Healthy Smiles for the Whole Family



Clear Braces • Invisalign® • Hidden Braces • Digital X-rays

After school and Saturday hours available

**978-475-2222**  
16 North Main Street, Andover MA 01810  
[www.ccorthodontics.com](http://www.ccorthodontics.com)

Complimentary Consultation





## SPECIAL EVENTS AND

# HALF DAY/ VACATION AND NO SCHOOL DAY FUN



## Special Events- Family

### Family Spring Dance

Our popular spring dance is back with some new fun! We have the return of our new children's DJ this year. This DJ had every kid dancing and participating in games! Your family will enjoy music games, dance contests, singing contests, line dances, bubble machine, limbo and more. Kids grab your parents and your dance attire and join us for a night of good clean family fun! Let us know at time of registration if you can help with refreshments.



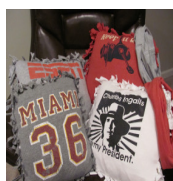
**This years dance is generously sponsored by  
Farrelly Realty Group.**

Age: Pre-school—elementary  
Date: Friday, March 4th  
*Check website for snow date*  
Time: 6:30-8:30 PM  
Cost: \$15.00 per family  
\$18.00 at the door, space permitting  
Location: Hood School Cafeteria

## Middle School Half Days

### January 27th Totally Cool Crafting!

Start off with an XL t shirt and a pair of scissors and leave with a cool scarf that goes great with jeans. Hand paint a very cool mug to take home. Bring along a favorite old t shirt or a Hornet shirt and make a pillow out of it! And if there is time, we will do a cool art project! (all supplies included except your favorite t shirt for pillow)



Date: Wednesday 1/27  
Time: 1:00—3:00 PM  
Cost: \$30.00  
Location: Recreation Center at Ipswich River Park

### January 28th Bling It Up! Cupcake and Cookie Decorating

Join us to make the cutest high heel shoe cupcakes and cookie accessories! Lots of fun decorating. We supply everything including cupcakes, cookies and decorating supplies!



Date: Thursday, 1/28  
Time: 12:30—2:30 PM  
Cost: \$25.00  
Location: Recreation Center at Ipswich River Park

## Elementary

### Early Release Fun

Call now! Space is limited, pre registration is required.

### Wednesday, March 9th— Pizza & Fun Day

Drop the kids with us for an afternoon of pizza, drinks, group games, crafts, silly relay races, Candy Bingo and more!  
Time: 12:30-3:30 PM  
Cost: \$20.00 first child / \$10.00 ea. Sibling



### Thursday, March 10th— Cupcake Creations

Come mess up our kitchen and leave with several really fun and creative cupcakes. Bring 1/2 dozen vanilla cupcakes with white frosting in take home box and leave with 6 masterpieces!  
Time: 1:00- 3:00 PM  
Cost: \$20.00/pp



### Friday, March 11th - Italian Feast

Ciao Bambini's. Welcome to Italy. Kids will have fun and a full stomach today! Kids will make and feast on Fried Ravioli, Baked Mozzarella Cheese sticks, Pizzelles, Zeppoles and Calzone. Buon appetito!  
Time: 1:00- 3:00 PM  
Cost: \$20.00/pp



All vacation & 1/2 day programs are for children in K—5 and are located at the Recreation Center unless otherwise noted.

## Elementary No School Day Fun

### Canvas Painting!

Magic Brush Pottery brings a fun new program to North Reading Recreation! Create colorful art and lasting memories. Embrace your inner artist! No painting skills are required. Kids will learn step by step how to paint a great canvas painting and leave with a great new piece of artwork for their room!

Ages: Grades 1-5  
Date: Friday, February 5th  
Time: 1:30—4:00 PM  
Cost: \$25.00  
Location: Recreation Center at Ipswich River Park



## Vacation Week Fun

### Wicked Cool Space Lab

Build a mini-model telescope to explore far away worlds to colonize. Design a pop-up model of an alien solar system then build a rover to explore one of its rocky planets. Imagine you have to use only the planet's resources to grow your own food and make your own "papyrus". Light up your new world as we experiment with glow sticks and learn about luminescence! Design an alien zip line for transportation and build a multistage rocket model to get back home to earth.

Ages: Grades K—5  
Date: Tuesday—Friday February 16th-19th  
Time: 9:00 AM—3:00 PM  
Cost: \$235.00  
Location: Recreation Center at Ipswich River Park



### Project Mural

Join us for a unique opportunity to create a fun kid themed mural project at our Recreation Center. Kids will work together to create a work of art on our walls over two days. Children's names get painted into the artwork for all to see when using the facility. Pack a snack and lunch both days.

Ages: Grades K—5  
Dates: Wednesday and Thursday February 17th and 18th  
Time: 10:00 AM—3:00 PM  
Cost: \$125.00  
Location: Recreation Center at Ipswich River Park



# Salon77

cut color create

Proudly supporting the North Reading community for 8 years.

161 Main St, North Reading, MA 01864  
(978) 664-7877  
[salon77.net](http://salon77.net)

## Over The Rainbow Learning Center

Creating the new generation

\*Full-time Child Care for infants and toddlers \*Full-time Preschool, pre-K and kindergarten  
Morning Preschool Session 8:30-12:30 for ages 2.9 - 4 years old

6 Washington St., North Reading  
978-664-6844





## What's Happening in Youth Services

# Middle School Youth Group

Free to join!  
Bring a friend!

**When:** Every Monday

**Time:** 2:30-4:00p

**Location:** MS107

**Drop-In welcome!**

### Program highlights:

- team building skills
- adventure field trips
- in-house guest speakers
- hang out with friends
- plan special events
- game days every other week
- participate in guided leadership development
- snack provided
- homework help
- make new friends!

Your ideas  
matter!

Amy Luckiewicz, Director of Youth Services  
North Reading Youth Services \* 235 North Street \* North Reading, MA 01864  
978-357-5281 \* youthservices@northreadingma.gov



## What's Happening at Flint Memorial Library

Children and teens will have much to look forward to this February and March at the Flint Memorial Library. Storytime is back and better than ever with more available times. Come make new friends and meet with old ones in the Flint activity room and don't forget our very popular monthly children's Drop-In Craft every third Wednesday! Music with Dara will be here on Friday, 2/12 and Friday, 3/11 at 10:30 a.m. for a fun hour of singing and dancing. Our All-Ages Lego Club will take place on Monday, 2/29 and Monday, 3/28 at 4 p.m. Over February break, teens can visit the library for Teen "Pub-Style" Trivia on Wednesday, 2/17 at 12 p.m. and Teen Movie Night on Thursday, 2/18 at 7 p.m. Our Teen Book Club will meet on Thursday, 2/25 at 3:30 p.m. and Thursday, 3/31.

### February/March 2016 Storytime Schedule:

**Tuesday February 2** - 1:30pm-2:15pm (Preschool, ages 3 ½ to 5 years old with parent or caregiver. Registration requested.)

**Wednesday February 3** - 10:00am-10:45am (Join staff members from the FAMILY RESOURCE NETWORK for 45 minutes of fun and learning. We will gather to sing, do a craft, read a book, bring out the parachute, or have a parade. Registration is NOT required)

**Thursday February 4** - 10:00am-10:30am (Toddler Story Time is for children ages 1 to 2 years old with parent or caregiver. Registration requested)

**Saturday February 6** - 9:30am-11:30am \*Chinese Story Time (Contact Yali Li 217.848.1283. Kids of all ages can enjoy this Chinese story time located in the Activity Room. Registration is NOT required.)

**Tuesday February 9** - 1:30pm-2:15pm (Preschool, ages 3 ½ to 5 years old with parents or caregiver. Registration requested.)

**Wednesday February 10** - 10:00am-10:30am (Preschool, ages 2 ½ to 4 years old with parent or caregiver. Registration requested.)

**Thursday Feb 11** - 10:00am-10:30am (Toddler Story Time, ages 1 to 2 years old with parent or caregiver. Registration requested.)

**Wednesday March 2** - 10:00am-10:45am (Preschool Storytime, Join staff members from the FAMILY RESOURCE NETWORK for 45 minutes of fun and learning. We will gather to sing, do a craft, read a book, bring out the parachute, or have a parade. Registration is NOT required.)

For updated information on events or cancellations, please visit [www.flintmemoriallibrary.org](http://www.flintmemoriallibrary.org).



## Friends of North Reading Parks & Recreation Committee, Inc.

**We are looking for new  
Committee members and  
volunteers. Please join us!**

**FONRPRC, Inc.** has been fundraising for a number of years towards the development of an intergenerational Community Center. Our vision is to see every member of this community finding a use for this Center. Tot and school age programs, full gym for multipurpose, walking track for all ages, teen drop in, computer labs, senior center, game room for all ages, Veteran's services, coffee room and so much more. We have already raised funds and completed our first phase of getting a Feasibility study done. Phase 2 will be the completion of Architectural Plans. We need your help to meet this goal!

Do you have some time to volunteer or some great ideas for fundraising? There is not a large commitment of volunteer time involved. Join us in our venture to bring the dreams of all ages in our community to fruition! We invite you to our meetings, on the first Monday of each month from 6-7pm at Town Hall.

**Our Mission:** The primary function of **FONRPRC, Inc.** is to financially support via donations, fundraising events, grant writing and corporate gifts to parks & recreation in North Reading, including but not limited to sports and recreation programs and facilities. Our goal is to support, foster, encourage interest in and promote all athletic and recreational activities and facilities in North Reading through fundraising and other booster activities; to acquire and own such real and personal property as may be necessary.

**Since 2009** we have established annual events such as the Black Friday Bowl, Gingerbread Craft Fair, Disney Character Breakfast and Scarecrows on Parade. We operate the concession for the Relay for Life. We have hosted Middle School Age dances. We co-host the annual Wine and Food Social and the Summer BBQ Concert Series. We also created the Banner program and the Walk of Fame at the Arthur J. Kenney Turf Field and Facility to raise monies to support the upkeep of the facility.

We continue to look for new creative avenues to fundraise to continue to support NR Parks & Recreation in its endeavors.

**FONRPRC, Inc.** is a 501 (C) 3 Non-Profit Organization. Incorporated August of 2009.

Please contact Sheila Sturdevant at  
**978-357-5268** or

Email [sssturdevant@northreadingma.gov](mailto:sssturdevant@northreadingma.gov)

# Helene Joy School Of Dance



The first  
dance school  
in the area  
to offer  
Adaptive Dance  
for children  
with Autism  
and other  
special needs.

### Offering classes in:

**Ballet ~ Jazz ~ Contemporary  
Lyrical ~ Acrobatics ~ Tap  
Hip Hop ~ Pointe ~ Fitness**

Visit our website at

[www.helenejoyschoolofdance.com](http://www.helenejoyschoolofdance.com)

**337 North Main Street (Rt 114) Middleton**

**978-777-1737**







Friday March 11th- Celebrate  
St. Patrick's Day with  
The Young Irelanders

Wednesday, April 20th -

Moulin Rouge meets Massachusetts.

Wednesday, June 22nd—

The Lobsterbake—think Summer!

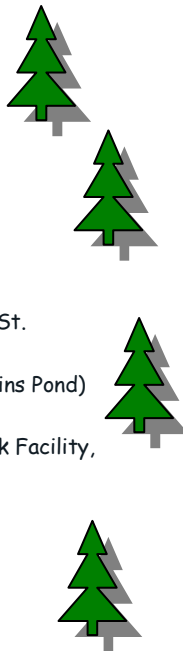
## Sunday—Monday

July 31st- August 1st

## Lake George & Saratoga Springs

Join BOT on a fun filled two day adventure that combines beautiful mountain scenery of Vermont as well Lake George and Saratoga Springs. Enjoy country style accommodations at the Summit Lodge in Killington, VT. Then enjoy a wonderful cruise on Lake George along with horse races at Saratoga Springs Raceway. While at the Inn guests will enjoy a wonderful lunch and great amenities. Billy Bauer- Vermont's innkeeper of the Year will provide a Vermont Maple Cooking Demonstration with mouth watering samples. Evening activities include four course Dinner, Innkeepers Cocktail Party and evening entertainment. Day two after breakfast at the Inn we are off to Lake George, NY. Upon arrival we take a one hour scenic cruise on an authentic Paddlewheel steamboat. Next stop of the day is the historic Saratoga Race Course where we will have reserved grandstand seating on a lunch package. Plenty of time to see the horses in action or place a bet! Then home with rest stop for dinner on your own. Cost: **\$299/pp-double**, (\$319.00/pp single) includes motorcoach transportation, 1 night lodging, 4 meals, eve. Entertainment, Lake George cruise, Saratoga race.

- Ipswich River Park, 15 Central St.
- Maguire Field, 168 Chestnut St
- Kids Spot, 168 Chestnut St.
- Rita J. Mullin Field, 96 Lowell Rd.
- Murphy Field, 235 North Street
- Benevento Little League, 251 Central St.
- Clarke Park, 61 Burroughs Road (Martins Pond)
- Arthur J. Kenney Turf Field and Track Facility,  
189 Park St.
- North Parish Park , 248 Park St.



## Discount Tickets



Showcase Cinemas. Cost:\$9.00 Tickets may be used at any time—No exp. date.

Nashoba Valley Ski and Tubing Anytime ski -\$44.00,  
Restricted ski—\$34.00, Tubing -\$27.00  
(savings of \$2-\$8/per ticket) Rental dis-

The area's finest restaurants will present samplings from their menus.



North Reading High School  
189 Park Street  
Wednesday, March 2\*  
5:30-7:30 p.m.

**Tickets: Individual \$25 Family \$50**  
\$30 and \$60 at the door -- purchase your tickets ahead.

Contact Irene Collins at 617-448-5915 or [icollins@ymcaboston.org](mailto:icollins@ymcaboston.org)  
or Priscilla Gottwald at 781-942-6419 or [pgottwald@rmld.com](mailto:pgottwald@rmld.com).  
Purchase your tickets on line at [www.tasteofmetronorth.com](http://www.tasteofmetronorth.com) or  
from any Reading or North Reading Rotarian



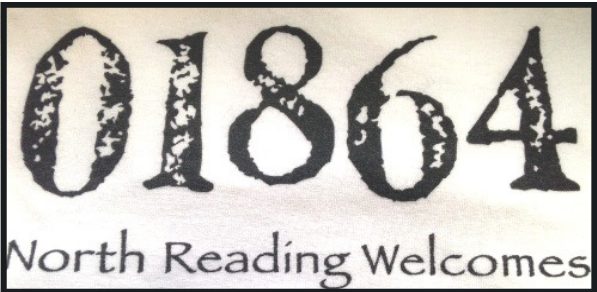
\*Snow Date Wednesday March 9





NORTH READING WELCOMES

Have you heard about our North Reading Welcomes program? North Reading Recreation and your local Realtors and businesses have joined up to welcome our newest residents! We started this great program one year ago and have delivered approximately 150 Totes to new residents since then! We are delivering a great looking tote bag full of coupons and giveaways and local information to new residents purchasing homes in North Reading. These great totes will be delivered once a month directly to homes by North Reading Recreation. If you want to be involved or included in this project, please call Lynne Clemens or Maria Brown at North Reading Recreation @ 978-664-6016.



MOST ASKED FOR CONTACT INFO.



Little League Baseball	www.nrll.org
Basketball/youth	www.nryb.net
Cheering and Football	www.nrhornets.com
Field Hockey / youth	Kathy Lally- 978-664-6702
Hockey/ Youth	www.nrsa.net
Lacrosse / Youth	www.nryll.org
Soccer/ Youth	www.northreadingyouthsoccer.com
Softball/ Youth	www.northreadingsoftball.com
Volleyball/ Youth	www.nryv.org
Parks & Recreation	www.northreadingma.gov
Flint Memorial Library	978 664 4942
Edith O'Leary Senior Center	978 664 5600
Town Hall	978 357 5210
Public Works	978 357 5260
Recycling	978 664 6043
Parks and Recreation	978 357 5216
Friends of NRPR	friendsofnrpr@gmail.com



Hilltop Nursery School

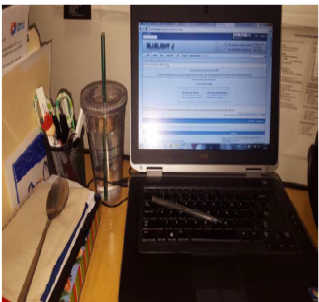
146 Haverhill Street, North Reading, MA  
Join us...where fun and learning begin  
Registration for 2016—2017 open on 1/11/16 at 9:00am  
Contact us: [hilltopnursery@verizon.net](mailto:hilltopnursery@verizon.net) or 978-664-4532  
Visit [www.thehilltopnurseryschool.com](http://www.thehilltopnurseryschool.com) for more info



Open House:  
Hidden in Plain Sight

Would you know if your child or loved one was using drugs? Can you spot trouble?

Join us for a FREE open house for adults and explore all of the ways drugs and paraphernalia can be hidden in plain sight. Learn some red flags and take home resources to help a loved one or prevent an overdose. No appointment necessary, drop in hours:



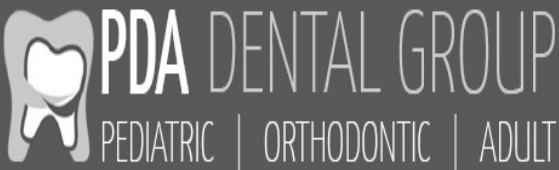
Can you spot the potential red flags in this picture?

Monday, February 29th  
through  
Friday, March 4th  
7:30am-10:30am  
and 5:00pm-7:00pm  
each day

Drop-In: North Reading Police Department  
150 Park Street, North Reading

Young  
children welcome  
with adult

For more information, email us at  
[northreadingcit@gmail.com](mailto:northreadingcit@gmail.com)  
or call 978.357.5281



OUR DOCTORS

Pediatric Dentistry

Joseph P. O'Donnell, DMD, MS

Gary Warrington, DMD

Geraldine C. Garcia-Rogers, DMD, MS

Sonia J. Wu, DMD

Nicole J. Harrington, DMD

Matthew D. Freitas, DMD

Orthodontics

Shannon L. Duffy, DMD

Carolyn J. Ferrick, DMD

Adult & Adolescent Dentistry

Kimberly S. Weiss, DDS



Specialized Dentistry from Infancy to Adulthood

OUR LOCATIONS

Winchester

955 Main St, #101

Winchester, MA 01890

I: 781.729.1900

F: 781.729.7102

Reading

20 Pond Meadow Dr, #202

Reading, MA 01867

T: 781.944.7799

F: 781.944.1804

[www.pdadentalgroup.com](http://www.pdadentalgroup.com)

[facebook.com/pediatricdentalassoc](https://facebook.com/pediatricdentalassoc)



AMERICA'S PEDIATRIC DENTISTS:  
The Big Authority On Little Teeth





P & R Committee & Staff



Committee Members

Ron Kern, Chairperson  
Billie Luker, Vice Chairperson  
Rita Mullin, Clerk  
Sergio Coviello, Patricia Filmore,  
Mike Fitzpatrick

Staff

Lynne Clemens, Recreation Director  
Maria Brown, Recreation Programmer  
Instructors: , Nancy Ursino, Kerri Shaw,  
Mike Gallini, Leanna Conant  
Maureen Stevens, Operations Director/DH  
Sheila Sturdevant, Office Secretary  
Marty Tilton, Parks Director  
Chris Deming, Parks Foreman  
Mike Marciano, Parks equipment operator  
Rich Giordano, Parks maintenance



OOPS! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

A Note from the Director—Lynne Clemens

So far, winter has been very mild but I am sure the kids are still going stir crazy! Please take a look at all the fun we have planned to keep your kids busy and keep the noise and mess at our Recreation Center not your homes!

We have **Tot** weekday and weekend programming and special events for Tots. We have After school programming and special events for half days and professional development no school days for **elementary** kids. **Middle school** kids should check out fun craft and cake decorating days in January during conference week!

We haven't forgotten the **adults** with fitness, crafts and a great night out at our Wine and Food Social.

Please remember our fundraising efforts are all going towards a community center in the future for the residents of North Reading. This facility will be an intergenerational facility serving tots, school age kids, adults and seniors. We still have a lot of fundraising to do to see this come to fruition but we are working hard to see it become a reality. Please join us at our Wine and Food Social on Friday, April 1st this year to support this effort. Can't make it? You can still donate!

\*\*\*\*\*

Our Philosophy:

The philosophy of the North Reading Parks & Recreation is to down play the competitive approach to sports by instilling a positive attitude, confidence, and sportsmanship while emphasizing participation and teaching basic fundamentals. It is the goal of the North Reading Recreation Department to encourage all participants, coaches, instructors and parents to: Support and respect the coach, instructor and participants; Demonstrate what it means to play fair; Win or lose with grace and dignity; Encourage children during programs and keep comments positive; Leave coaching to the coaches; Parents must be a positive role model exhibiting sportsmanship, Refrain from yelling at your child and/or, other players by interrupting the flow of the program; That everyone has a positive and fun experience!

**Good Day Flowers & Gifts**

"Beautiful Flowers for all occasions"

Lee Macneil Owner/ Designer

"Elegant sympathy tributes a specialty"

172 Main St. No. Reading Ma. 01864  
Plants, Fruit, & Gourmet Baskets,  
Balloons, - Independent AVON Rep.  
Phone orders (978) 357-3515  
web: [www.northreadingflorists.com](http://www.northreadingflorists.com)  
Email: [Gooddayflowers@yahoo.com](mailto:Gooddayflowers@yahoo.com)  
Teleflora world wide delivery Network

Mastercard / Visa accepted

FREE delivery in North Reading!

General Information

**Registration Info:**  
**Registration cannot be processed** without full payment. North Reading Parks & Recreation reserves the right to set minimums and maximums for all programs and trips and to cancel any program or trip due to insufficient enrollment, to change the date, time or location for any program because of unforeseen circumstances.

- Registrations are now being accepted:**
- In person :North Reading Parks & Recreation Office - 235 North Street. North Reading MA. 01864
  - On Line @ [www.northreadingma.gov/parks-recreation](http://www.northreadingma.gov/parks-recreation)
  - Over the phone with Master Card, Visa or Discover

**Program Cancellations:**  
All recreation programs will be cancelled when school is cancelled, delayed or has early dismissal in the event of inclement weather, scheduled closings or early dismissals and/or late openings. Cancelled sessions will be made up by adding classes at the end of the session. **Always check emails or website on inclement weather days** for cancellations prior to going to program. A \$10 administration fee will be charged for any program or bus trip cancellation by the participant.

**Refunds**  
All refunds are subject to a \$10.00 administration fee. Refunds are issued only in the following circumstances:

- If a program is cancelled by the Parks & Rec. Department
- On request for a medical reason and with written notification from a doctor
- There are no refunds 7 business days prior to program start date.

**Bus Trips**  
Due to the nature and commitment of bus contracts, a refund will be granted to only registered individuals who cancel three weeks (40 days for overnight trips) prior to the date of the trip.

**Bus Trips That Involve Tickets to Shows or Performances:**  
Ticket purchases are non-refundable unless they can be re-sold. Bus fees will be refunded if cancellation is made three weeks prior to the date of the trip.

**DENTAL HEALTH CONCEPTS**  
*A Tradition of Dental Excellence*

J. Steven Tonelli, D.M.D., P.C.  
Mark G. Webster, D.D.S., P.C.  
Brian J. Crowley, D.M.D.

205 Main Street, North Reading, MA 01864-3104  
(978)664-3141

Our Purpose is:  
*To help people achieve the highest level of well-being personally appropriate for them.  
To unconditionally commit to excellence in our personal and professional service.  
To accomplish this with the highest degree of care, Kindness and comfort, thus enhancing the quality of your lives and our own.*

**PARK STREET VETERINARY CLINIC**

FAMILY-STYLE ATMOSPHERE

WELLNESS CARE • VACCINES • MEDICINE  
SURGERY • DENTISTRY  
CERTIFIED IN ACUPUNCTURE

**238 PARK STREET, NORTH READING**  
**978-664-5855**

DR. TALI KASTNER  
[www.parkstreetvet.com](http://www.parkstreetvet.com)